



RAFFLES GIRLS' PRIMARY SCHOOL

21 Hillcrest Road, Singapore 289072. Tel: 64684377 Fax: 6469 2024

RGPS/N25/P5/006

5 February 2025

Dear Parents/Guardian

2025 P5 FEBRUARY CIRCULARS

In this set of circulars, you will find the information on the following programmes. Please refer to the table below for a list of circulars which you will be receiving. We seek your cooperation to follow up accordingly and adhere to the submission dates.

If you require any clarifications, you may contact the General Office at 6468 4377 or email the teacher-in-charge as indicated accordingly.

S/N	Item	Remarks
1	Total Defence Day & Exercise SG Ready 2025	
2	Give@RGPS 2025	
3	RGPS Value Ü 2025	
4	Cyberwellness Week 2025	
5	Parenting Support Services- Positive Parenting Programme	
6	Invitation to Participate in Festival Design	
7	Invitation to Participate in Mother Tongue Fortnight Programme Design	Due date: 18 February
8	Inspiring Teacher of English Award 2025	Refer to attached PDF for more information. Submission of forms to school for Principal's endorsement by 6pm, 24 March
9	V♥luAble 2025	
10	Primary 5 Visit to NTUC Health Senior Day Care (Serangoon)	Parents to indicate consent on PG by 14 February 2025

Thank you.

Your Partner in Education
Mrs Elaine Quek
Principal

1. Total Defence Day & Exercise SG Ready 2025

As part of our school's commemoration of Total Defence Day and participation in *Exercise SG Ready 2025*, we have planned meaningful activities to help our students understand the importance of resilience and preparedness, while reflecting on their roles in Singapore's defence.

I. **Recess Activities and Sweet Potato Sampling (10–11 February)**

During recess, meaningful activities will be organised by the Parent Volunteer Group (PVG). As part of these activities, students will have the opportunity to sample sweet potatoes, giving them a taste of the food eaten during challenging times in Singapore's history. This experiential activity is designed to foster gratitude, resilience, and an appreciation for resourcefulness in the face of adversity.

If your child/ward has any food allergies or intolerances, please write a note to keep her Form Teachers informed and remind her not to take the sweet potatoes.

II. **Power Disruption Simulation Exercise (17 February)**

Students will also experience a power disruption simulation for about an hour. This activity aims to prepare them for potential disruptions to Singapore's power supply, which may occur due to our reliance on imported fuel. In such scenarios, electricity may need to be prioritised for critical areas, and households and schools might face temporary power outages. Through this exercise, students will develop an understanding of the importance of adaptability and preparedness.

Following the simulation, teachers will guide students in a reflection and discussion session during their Character and Citizenship Education-Form Teacher Guidance Period (CCE-FTGP). The lesson will focus on the importance of Total Defence and how each individual can play a part in safeguarding Singapore.

III. **Learning Values and 21CC Through Experience**

These activities aim to nurture resilience, adaptability, civic responsibility, and inventive thinking in students. By reflecting on challenges faced in the past, they gain insights into creative problem-solving and the importance of collective action in safeguarding our nation. This aligns with our commitment to fostering gratitude, a sense of community, and the skills needed to thrive in the future.

We encourage you to engage your child/ward in conversations about these experiences to reinforce the key takeaway that everyone has a part to play in Total Defence. If you have any questions or concerns, please feel free to contact Ms. Cassandra Quek, HOD CCE, at quek_sock_cheng@schools.gov.sg.

Thank you for your continued support in nurturing resilience and responsibility in our students.

2. Give@RGPS 2025

Give@RGPS is a school-based project which builds and cultivates character and citizenry by providing opportunities for students' self-leadership, initiative, and involvement in school improvement.

Primary 1 to 3 students will be guided by their form teachers and work collaboratively on the Give@RGPS project. They will reflect on their school experiences and pledge a kind deed for someone or groups of people in the school community or to improve the school environment. Thereafter, students will exercise self-leadership in striving to fulfil their pledges.

Primary 4 to 6 students are strongly encouraged to propose self-initiated projects to contribute to improving the school or community. Students who are interested to do so can submit a proposal online. The link to submit their proposals will be posted on SLS in Term 1 Week 8. Teacher mentors will be assigned to the groups of students whose proposals are selected for implementation.

Please refer to the table below for a summary of Give@RGPS:

Level	Duration of Project	What Pupils Will Do Collaboratively	Project Type
P1 to P2	Term 2 Week 4 to Week 9	<ul style="list-style-type: none"> pledge a kind deed carry out the pledge 	Guided by form teachers (will be done in school)
P3	Term 1 Week 10 to Term 2 Week 9		
P4 to P6	Term 1 Week 8 to Term 2 Week 1	<ul style="list-style-type: none"> submit a proposal online via SLS 	Self-initiated
	Term 2 Week 6 to Term 3 Week 3	<ul style="list-style-type: none"> if project is chosen, embark on project under the guidance of teacher mentors 	

We hope you can encourage your child/ward to participate actively in the Give@RGPS project.

Thank you for your support. For any enquiries on this project, please contact Ms Cassandra Quek at quek_sock_cheng@schools.gov.sg.

3. RGPS Value Ü 2025

The RGPS Value Ü programme, will be implemented from Term 1, Week 7. The main objective of this programme is to encourage students to appreciate the authentic application of the RGPS values in their daily school life.

Value Ü also aims to promote students' voice and empowerment by giving our students the platform to show appreciation and give recognition to their fellow schoolmates. We hope that through the sharing with and recognition from their peers, students will be encouraged to consistently display the RGPS values through their actions.

P3-P6 Students will be rostered by their Form Teachers to speak to their classmates about the values assigned to them. This will be conducted in their classrooms during CCE-FTGP lesson time or during Tuesday morning, before assembly.

Students can login to SLS to refer to the sample scripts to prepare their scripts for their sharing session. P3 - P6 Students are encouraged to submit their scripts via the link on SLS and stand a chance to have their sharing featured on the RGPS Values Wall.

Teachers will also give recognition to students who display the school values and contribute to a caring culture by affirming their actions. Students can look forward to reading these notes of affirmation on the CCE noticeboards.

Please encourage your child/ward to participate actively in this programme. We look forward to your partnership and support for this programme.

If you have any questions, please reach out to Ms Cassandra Quek (HOD CCE) via quek_sock_cheng@schools.gov.sg. Thank you!

4. Cyberwellness Week 2025

Safer Internet Day is celebrated every February of the year. It is an annual global initiative to promote safer and more responsible use of online technology and mobile devices among children and young people. The theme for Safer Internet Day this year is **“Empowering a Safe and Resilient Online Community”**.

As a school, we will be commemorating our Cyberwellness Week in line with the Safer Internet Day initiative from the 17 to 21 February. There will be assembly programmes and recess engagement activities planned for the week.

Throughout the year, our school also aims to curate school-based activities with the emphasis on equipping the students with these four skills:

1. Staying safe online
2. Keeping the online space safe for themselves and others
3. Supporting peers affected by online harms
4. Responding to and recovering from encounters with online harms

As an extended family activity, we are encouraging you and your child/ward to nurture healthy habits in the digital age by committing to a **Screen-Free Weekend** during our Cyberwellness Week on 22 and 23 February and replace screentime with a family-bonding activity (i.e. playing a sport, going out for a hike, playing board games) instead.

If you have any questions, please reach out to Ms Farhani Hanafi-Shuy (SH SWB) via noor_farhani_hanafi@schools.gov.sg. Thank you!

5. Parenting Support Services- Positive Parenting Programme

Since 2019, Lakeside Family Services has been appointed by MSF to deliver parenting support services to Raffles Girls' Primary School.

The Positive Parenting Programme (Triple P) is an evidence-based programme that equips you with techniques to promote your child's/ward's (aged up to 16 years) psychological, social, and emotional competence. It is built on a tiered system that provides varying levels of parental support, from webinars to one-on-one coaching.

An introduction video may be viewed here:

<https://drive.google.com/file/d/18MCnXrVXq4ouXuPqmrQ6iyTOc9mBL5l2/view?usp=sharing>

In the attached flyer, there is a link to indicate your interest for the various parenting programmes and receive the appropriate level of support - <https://go.gov.sg/lfs-iif2025>

Your responses will be kept strictly confidential, and any further consultation with Lakeside Family Services will not be shared with the school without your consent.

On top of parenting support, Lakeside Families for Life @ Community can also channel you to other relevant community resources to support your family more holistically. All the services are fully sponsored by MSF.

For any enquiries, do contact pss@lakeside.org.sg.

6. Invitation to Participate in Festival Design 2025

If your child/ward has an interest in art, do encourage her to take part in the design activity below:

Requirements:

Event	Design Theme	Deadline for design	Size of Artwork	Medium
Hari Raya Aidilfitri	Selamat Hari Raya Aidilfitri	28 February 2025	A5	Artist's choice
Deepavali	Happy Deepavali Suggested drawings: oil lamps, rangoli, sparkles, character Indian traditional clothes	28 February 2025	A5	Artist's choice
Christmas	Merry Christmas	7 November	A4	Artist's choice

The designs will be used as e-greeting cards to be sent to our stakeholders.
The following designs were some that were selected for use in 2022 and 2023.



There are no restrictions to the number of designs students can submit. Students are to submit the hardcopy of their designs to their Art Teachers in 2025 or to the General Office, attention to Ms Ho Soo Peng. All submissions must include the student's **full name and class**.

Important notes:

- This event is not a competition. **Only suitable designs will be selected.** A certificate/letter of acknowledgement will be awarded to students whose designs are selected. **Only shortlisted participants will be notified.**
- Late submissions will not be entertained and judges' decision will be final.

- By submitting their artwork, students agree to assign the copyright of their artworks to the school, even if the artworks are not selected for use. All copies of the artworks would be retained by the school.
- Should you have any queries, please email Ms Ho Soo Peng at: ho_soo_peng@schools.gov.sg

Thank you and we look forward to your child's/ward's participation!

7. Invitation to Participate in Mother Tongue Fortnight Programme Design

If your child/ward has an interest in art, do encourage her to take part in the design activity below:

Requirements:

Event	Design Theme	Deadline for design	Size of Artwork	Medium
Mother Tongue Fortnight Programme	<p>Celebrating Our Roots through Mother Tongue Languages and Culture (Traditions & Heritage, Food, Games, Festivals, Music, folklores, etc.)</p> <p>May include short labels or descriptors of what has been drawn</p>	18 Feb 2025	At least half of A4	Artist's choice Including digital

The designs will be used for banners, posters and/or paper prints for the event.

There are no restrictions to the number of designs students can submit. Students are to submit the hard copy or soft copy of their designs to their Art Teachers in 2025 or to the General Office, attention to Ms Ho Soo Peng. All submissions must include the student's **full name and class**.

Important notes:

- This event is not a competition. **Only suitable designs will be selected.** A certificate/letter of acknowledgement will be awarded to students whose designs are selected. **Only shortlisted participants will be notified.**
- Late submissions will not be entertained and judges' decision will be final.
- By submitting their artwork, students agree to assign the copyright of their artworks to the school, even if the artworks are not selected for use. All copies of the artworks would be retained by the school.
- For online submission or enquiries, please email Ms Ho Soo Peng at: ho_soo_peng@schools.gov.sg

Thank you and we look forward to your child's/ward's participation.

8. Inspiring Teacher of English Award 2025

The Inspiring Teacher of English Award is a national award for English teachers in Singapore schools, that acknowledges teachers who ignite a love for the English language and are effective in helping their students speak and write accurately. We invite you to nominate outstanding English Language teachers for this award. Nomination forms can be downloaded

via this link <http://goodenglish.org.sg>. Nominations for the Inspiring Teacher of English Award may be sent to the Principal via the General Office by 6pm on 24 March 2025.

For any enquiries, do contact the General Office at 6468 4377.

9. ValueAble 2025

We are excited to introduce the RGPS Value-Able for Life Programme for 2025, designed to nurture the character virtues of our students and celebrate the unique qualities each child brings to our community. This programme promotes the core values of responsibility, resilience, integrity, gratitude, and graciousness through reflection and encouragement, fostering the development of well-rounded individuals.

As part of this programme, your child/ward will engage in reflective activities during class time, particularly following significant school events such as Total Defence Day (TDD) and Values-in-Action (VIA) activities. These reflections aim to enhance self-awareness and personal growth.

To support this initiative, we warmly invite you to write a note of encouragement in your child's/ward's Magic Journal when she brings it home in Semester 1 and 2. Your affirmations play a vital role in reinforcing these values and inspiring your child/ward to practise them in her daily life.

Additionally, students will have access to a reflection form on the SLS platform. This provides an additional opportunity for them to demonstrate initiative and self-leadership by reflecting on the school's values outside the curriculum. We encourage you to motivate your child to make full use of this resource.

Your partnership is essential in strengthening our shared commitment to character development alongside academic success. By supporting your child's reflections and contributing words of affirmation in the Magic Journal, you help instil creativity, responsibility, resilience, integrity, gratitude, and graciousness in our young ladies, preparing them to excel not only in school but also in life.

If you have any questions, please do not hesitate to contact Ms Cassandra Quek (HOD CCE) at quek_sock_cheng@schools.gov.sg.

Thank you for your invaluable support, and we look forward to partnering with you in nurturing our students' growth!

10. Primary 5 Visit to NTUC Health Senior Day Care (Serangoon)

We are pleased to inform you that the school will be organising visits to NTUC Health Senior Day Care (Serangoon) for your child/ward as part of our Primary 5 Values-in-Action (VIA) programme.

The primary objective of the RGPS VIA programme is to inculcate the spirit of giving and contributing with humility as learners. It encourages students to recognise that their contributions to the community not only benefit others but also provide valuable learning experiences for themselves. During the visits to the NTUC Health Senior Day Care (Serangoon), students will have the opportunity to interact with the elderly in the community and to appreciate and learn from their lived experiences.

The schedule is as follows:

Date/Day	Class	Time to depart RGPS	Est. time of arrival at RGPS
21 Feb, Fri	5A	12.40pm	4.00pm
28 Feb, Fri	5B		
7 Mar, Fri	5C		
14 Mar, Fri	5D		
28 Mar, Fri	5E		
4 Apr, Fri	5F		
11 Apr, Fri	5G		
25 Apr, Fri	5H		
2 May, Fri	5I		

Please note that school hours are as usual and lessons are as per normal. Students will be dismissed earlier to have their lunch in school before leaving for the NTUC Health Senior Day Care (Serangoon).

Please make the necessary arrangements for transportation home for your child/ward on the day that she is visiting the centre.

Please indicate your consent for your child's/ward's participation in the above activity via Parents' Gateway by **14 February 2025**. For the well-being of your child/ward, we would also appreciate an update on your child's/ward's medical condition (if any) for us to take note of.

If you have any query, please contact Ms Cassandra Quek (HOD, CCE) at quek_sock_cheng@schools.gov.sg.