



**RAFFLES GIRLS' PRIMARY SCHOOL**

21 Hillcrest Road, Singapore 289072. Tel: 64684377 Fax: 6469 2024

RGPS/N25/P1/004

5 February 2025

Dear Parents/Guardian

**2025 P1 FEBRUARY CIRCULARS**

In this set of circulars, you will find the information on the following programmes. Please refer to the table below for a list of circulars which you will be receiving. We seek your cooperation to follow up accordingly and adhere to the submission dates.

If you require any clarifications, you may contact the General Office at 6468 4377 or email the teacher-in-charge as indicated accordingly.

<b>S/N</b>	<b>Item</b>	<b>Remarks</b>
1	Total Defence Day & Exercise SG Ready 2025	
2	Give@RGPS 2025	
3	RGPS Value Ü 2025	
4	Cyberwellness Week 2025	
5	Parenting Support Services- Positive Parenting Programme	
6	Invitation to Participate in Festival Design	
7	Invitation to Participate in Mother Tongue Fortnight Programme Design	Due date: 18 February
8	Inspiring Teacher of English Award 2025	Refer to attached PDF for more information. Submission of forms to school for Principal's endorsement by 6pm, 24 March
9	Invitation to Join "RGPS Speaking Sprouts" - Public Speaking for Young Students	

Thank you.

Your Partner in Education  
Mrs Elaine Quek  
Principal

## 1. Total Defence Day & Exercise SG Ready 2025

As part of our school's commemoration of Total Defence Day and participation in *Exercise SG Ready 2025*, we have planned meaningful activities to help our students understand the importance of resilience and preparedness, while reflecting on their roles in Singapore's defence.

### I. **Recess Activities and Sweet Potato Sampling (10–11 February)**

During recess, meaningful activities will be organised by the Parent Volunteer Group (PVG). As part of these activities, students will have the opportunity to sample sweet potatoes, giving them a taste of the food eaten during challenging times in Singapore's history. This experiential activity is designed to foster gratitude, resilience, and an appreciation for resourcefulness in the face of adversity.

If your child/ward has any food allergies or intolerances, please write a note to keep her Form Teachers informed and remind her not to take the sweet potatoes.

### II. **Power Disruption Simulation Exercise (17 February)**

Students will also experience a power disruption simulation for about an hour. This activity aims to prepare them for potential disruptions to Singapore's power supply, which may occur due to our reliance on imported fuel. In such scenarios, electricity may need to be prioritised for critical areas, and households and schools might face temporary power outages. Through this exercise, students will develop an understanding of the importance of adaptability and preparedness.

Following the simulation, teachers will guide students in a reflection and discussion session during their Character and Citizenship Education-Form Teacher Guidance Period (CCE-FTGP). The lesson will focus on the importance of Total Defence and how each individual can play a part in safeguarding Singapore.

### III. **Learning Values and 21CC Through Experience**

These activities aim to nurture resilience, adaptability, civic responsibility, and inventive thinking in students. By reflecting on challenges faced in the past, they gain insights into creative problem-solving and the importance of collective action in safeguarding our nation. This aligns with our commitment to fostering gratitude, a sense of community, and the skills needed to thrive in the future.

We encourage you to engage your child/ward in conversations about these experiences to reinforce the key takeaway that everyone has a part to play in Total Defence. If you have any questions or concerns, please feel free to contact Ms. Cassandra Quek, HOD CCE, at [quek\\_sock\\_cheng@schools.gov.sg](mailto:quek_sock_cheng@schools.gov.sg).

Thank you for your continued support in nurturing resilience and responsibility in our students.

## 2. Give@RGPS 2025

Give@RGPS is a school-based project which builds and cultivates character and citizenry by providing opportunities for students' self-leadership, initiative, and involvement in school improvement.

Primary 1 to 3 students will be guided by their form teachers and work collaboratively on the Give@RGPS project. They will reflect on their school experiences and pledge a kind deed for someone or groups of people in the school community or to improve the school environment. Thereafter, students will exercise self-leadership in striving to fulfil their pledges.

Primary 4 to 6 students are strongly encouraged to propose self-initiated projects to contribute to improving the school or community. Students who are interested to do so can submit a proposal online. The link to submit their proposals will be posted on SLS in Term 1 Week 8. Teacher mentors will be assigned to the groups of students whose proposals are selected for implementation.

Please refer to the table below for a summary of Give@RGPS:

Level	Duration of Project	What Pupils Will Do Collaboratively	Project Type
P1 to P2	Term 2 Week 4 to Week 9	<ul style="list-style-type: none"> <li>pledge a kind deed</li> <li>carry out the pledge</li> </ul>	Guided by form teachers (will be done in school)
P3	Term 1 Week 10 to Term 2 Week 9		
P4 to P6	Term 1 Week 8 to Term 2 Week 1	<ul style="list-style-type: none"> <li>submit a proposal online via SLS</li> </ul>	Self-initiated
	Term 2 Week 6 to Term 3 Week 3	<ul style="list-style-type: none"> <li>if project is chosen, embark on project under the guidance of teacher mentors</li> </ul>	

We hope you can encourage your child/ward to participate actively in the Give@RGPS project.

Thank you for your support. For any enquiries on this project, please contact Ms Cassandra Quek at [quek\\_sock\\_cheng@schools.gov.sg](mailto:quek_sock_cheng@schools.gov.sg).

### 3. RGPS Value Ü 2025

The RGPS Value Ü programme, will be implemented from Term 1, Week 7. The main objective of this programme is to encourage students to appreciate the authentic application of the RGPS values in their daily school life.

Value Ü also aims to promote students' voice and empowerment by giving our students the platform to show appreciation and give recognition to their fellow schoolmates. We hope that through the sharing with and recognition from their peers, students will be encouraged to consistently display the RGPS values through their actions.

P3-P6 Students will be rostered by their Form Teachers to speak to their classmates about the values assigned to them. This will be conducted in their classrooms during CCE-FTGP lesson time or during Tuesday morning, before assembly.

Students can login to SLS to refer to the sample scripts to prepare their scripts for their sharing session. P3 - P6 Students are encouraged to submit their scripts via the link on SLS and stand a chance to have their sharing featured on the RGPS Values Wall.

Teachers will also give recognition to students who display the school values and contribute to a caring culture by affirming their actions. Students can look forward to reading these notes of affirmation on the CCE noticeboards.

Please encourage your child/ward to participate actively in this programme. We look forward to your partnership and support for this programme.

If you have any questions, please reach out to Ms Cassandra Quek (HOD CCE) via [quek\\_sock\\_cheng@schools.gov.sg](mailto:quek_sock_cheng@schools.gov.sg). Thank you!

#### 4. Cyberwellness Week 2025

Safer Internet Day is celebrated every February of the year. It is an annual global initiative to promote safer and more responsible use of online technology and mobile devices among children and young people. The theme for Safer Internet Day this year is ***“Empowering a Safe and Resilient Online Community”***.

As a school, we will be commemorating our Cyberwellness Week in line with the Safer Internet Day initiative from the 17 to 21 February. There will be assembly programmes and recess engagement activities planned for the week.

Throughout the year, our school also aims to curate school-based activities with the emphasis on equipping the students with these four skills:

1. Staying safe online
2. Keeping the online space safe for themselves and others
3. Supporting peers affected by online harms
4. Responding to and recovering from encounters with online harms

As an extended family activity, we are encouraging you and your child/ward to nurture healthy habits in the digital age by committing to a **Screen-Free Weekend** during our Cyberwellness Week on 22 and 23 February and replace screentime with a family-bonding activity (i.e. playing a sport, going out for a hike, playing board games) instead.

If you have any questions, please reach out to Ms Farhani Hanafi-Shuy (SH SWB) via [noor\\_farhani\\_hanafi@schools.gov.sg](mailto:noor_farhani_hanafi@schools.gov.sg). Thank you!

#### 5. Parenting Support Services- Positive Parenting Programme

Since 2019, Lakeside Family Services has been appointed by MSF to deliver parenting support services to Raffles Girls' Primary School.

The Positive Parenting Programme (Triple P) is an evidence-based programme that equips you with techniques to promote your child's/ward's (aged up to 16 years) psychological, social, and emotional competence. It is built on a tiered system that provides varying levels of parental support, from webinars to one-on-one coaching.

An introduction video may be viewed here:

<https://drive.google.com/file/d/18MCnXrVXq4ouXuPqmrQ6iyTOc9mBL5l2/view?usp=sharing>

In the attached flyer, there is a link to indicate your interest for the various parenting programmes and receive the appropriate level of support - <https://go.gov.sg/lfs-iif2025>

Your responses will be kept strictly confidential, and any further consultation with Lakeside Family Services will not be shared with the school without your consent.

On top of parenting support, Lakeside Families for Life @ Community can also channel you to other relevant community resources to support your family more holistically. All the services are fully sponsored by MSF.

For any enquiries, do contact [pss@lakeside.org.sg](mailto:pss@lakeside.org.sg).

## 6. Invitation to Participate in Festival Design 2025

If your child/ward has an interest in art, do encourage her to take part in the design activity below:

Requirements:

Event	Design Theme	Deadline for design	Size of Artwork	Medium
Hari Raya Aidilfitri	Selamat Hari Raya Aidilfitri	28 February 2025	A5	Artist's choice
Deepavali	Happy Deepavali Suggested drawings: oil lamps, rangoli, sparkles, character Indian traditional clothes	28 February 2025	A5	Artist's choice
Christmas	Merry Christmas	7 November	A4	Artist's choice

The designs will be used as e-greeting cards to be sent to our stakeholders.  
The following designs were some that were selected for use in 2022 and 2023.



There are no restrictions to the number of designs students can submit. Students are to submit the hardcopy of their designs to their Art Teachers in 2025 or to the General Office, attention to Ms Ho Soo Peng. All submissions must include the student's **full name and class**.

Important notes:

- This event is not a competition. **Only suitable designs will be selected.** A certificate/letter of acknowledgement will be awarded to students whose designs are selected. **Only shortlisted participants will be notified.**
- Late submissions will not be entertained and judges' decision will be final.

- By submitting their artwork, students agree to assign the copyright of their artworks to the school, even if the artworks are not selected for use. All copies of the artworks would be retained by the school.
- Should you have any queries, please email Ms Ho Soo Peng at: [ho\\_soo\\_peng@schools.gov.sg](mailto:ho_soo_peng@schools.gov.sg)

Thank you and we look forward to your child's/ward's participation!

#### 7. Invitation to Participate in Mother Tongue Fortnight Programme Design

If your child/ward has an interest in art, do encourage her to take part in the design activity below:

Requirements:

Event	Design Theme	Deadline for design	Size of Artwork	Medium
Mother Tongue Fortnight Programme	<p><b>Celebrating Our Roots through Mother Tongue Languages and Culture</b> (Traditions &amp; Heritage, Food, Games, Festivals, Music, folklores, etc.)</p> <p>May include short labels or descriptors of what has been drawn</p>	18 Feb 2025	At least half of A4	Artist's choice  Including digital

The designs will be used for banners, posters and/or paper prints for the event.

There are no restrictions to the number of designs students can submit. Students are to submit the hard copy or soft copy of their designs to their Art Teachers in 2025 or to the General Office, attention to Ms Ho Soo Peng. All submissions must include the student's **full name and class**.

Important notes:

- This event is not a competition. **Only suitable designs will be selected.** A certificate/letter of acknowledgement will be awarded to students whose designs are selected. **Only shortlisted participants will be notified.**
- Late submissions will not be entertained and judges' decision will be final.
- By submitting their artwork, students agree to assign the copyright of their artworks to the school, even if the artworks are not selected for use. All copies of the artworks would be retained by the school.
- For online submission or enquiries, please email Ms Ho Soo Peng at: [ho\\_soo\\_peng@schools.gov.sg](mailto:ho_soo_peng@schools.gov.sg)

Thank you and we look forward to your child's/ward's participation.

#### 8. Inspiring Teacher of English Award 2025

The Inspiring Teacher of English Award is a national award for English teachers in Singapore schools, that acknowledges teachers who ignite a love for the English language and are effective in helping their students speak and write accurately. We invite you to nominate outstanding English Language teachers for this award. Nomination forms can be downloaded

via this link <http://goodenglish.org.sg>. Nominations for the Inspiring Teacher of English Award may be sent to the Principal via the General Office by 6pm on 24 March 2025.

For any enquiries, do contact the General Office at 6468 4377.

#### 9. Invitation to Join "RGPS Speaking Sprouts" - Public Speaking for Young Students

We are excited to announce that "Speaking Sprouts" is back this year, following its success and overwhelming participation last year! This special programme is designed to help our young students develop confidence and communication skills through public speaking. It provides a supportive platform for students in Primary 1 and 2 to share their thoughts and ideas during extended recess.

Participating in "Speaking Sprouts" offers numerous benefits for your child/ward. It is a fantastic opportunity to build self-assurance, improve speaking abilities, and express herself in front of an audience. We believe developing these skills at a young age can positively impact a student's academic and personal growth.

Please take note of the following:

1. **RGPS Speaking Sprouts** is open to all P1 and P2 students.
2. This event is **not a competition**, and certificates of participation will be given to all.
3. Participation is based on a **first-come, first-served basis**, and slots are limited. No additional slots will be opened once they are fully subscribed.

For more details on the themes and to sign up, please refer to the provided Google document link.

A sample video from last year is available to guide parents and participants. It demonstrates what is expected during the programme, such as speaking clearly, showing enthusiasm, and using hand gestures to enhance communication.

We invite you to have a conversation with your child/ward about joining "Speaking Sprouts" and to consider the positive impact it can have on their confidence and communication skills. Rest assured, we provide a nurturing environment to help participants feel comfortable and prepared. We are here to answer any questions you may have and to provide the support your child/ward needs to thrive in the programme. We look forward to seeing our young students shine as confident speakers through "Speaking Sprouts"!

If you have any questions about the programme, please email Ms Shahedah Khan at [norshahedah\\_aslam\\_khan@schools.gov.sg](mailto:norshahedah_aslam_khan@schools.gov.sg)