



RAFFLES GIRLS' PRIMARY SCHOOL

21 Hillcrest Road, Singapore 289072. Tel: 64684377 Fax: 6469 2024

RGPS/N25/G/12

11 March 2025

Dear Parents/Guardian

Health Fair: Healthy Eating Active Lifestyle

Our school will be holding our annual Health Fair in **Term 2 Week 2, 1 – 4 April 2025**. The fair aims to encourage students to lead a healthy lifestyle through two main areas:

- 1) be active through participation in physical activities
- 2) eat right by choosing healthy food or snack options

We will be collaborating with the RGPS Parent-Volunteer Group (PVG) and external vendors for this fair to bring in healthy food options and various physical activities for the students.

Activities planned for the week

These are the activities planned for the week. All these activities will be conducted during recesses, unless otherwise stated.

31 March	1 April	2 April	3 April	4 April
Hari Raya Puasa (Public Holiday)	NKF Kidney Dash Challenge (tokens to be won)			
	Games Creation (during PE lessons)			
		NKF Health Booth (at canteen)		
		Sports for All Activities (in the Sheltered Basketball Court		
				Fruits & Vegetables Stall by Parent Volunteers during recess (at canteen)
				Parent-Child Bowling Activity at CSC Bukit Batok (only for successful sign- ups)

Fruits & Vegetables Stall by Parent Volunteers during recess

We have teamed up with our PVs to bring in a wholesale vendor selling fruits & vegetables. The stall will be set up in the canteen during the recesses from 8.00-11.30am. We have attached the price list of the fruits and vegetables going on sale that week for your reference. Students will receive a copy of the fruits and vegetables purchase form from their Form Teachers on Tuesday, 1 April. To better manage the queue, we encourage you to help them plan for their purchases by ticking on the list the items they would like to buy.

If your child/ward would like to purchase the items at the Fruits & Vegetables Stall managed by Parent Volunteers on 4 April, do allow her to **bring sufficient cash** as the items cannot be paid for using their POSB smart watches.

In support of our school's direction, Go Green and Love Earth, do encourage your child/ward to **bring along their own reusable bag** to store the items they have bought as plastic bags will not be provided.

Sign-up for Parent-Child Bowling Activity on Friday, 4 April 2025

To encourage both parent and child to meaningfully bond through the learning of a new skill, we will be collaborating with a vendor for the Parent-Child activity. The activity this year will be Bowling. The programme is open to the first 50 pairs of parent and child sign-ups. This is specially for students who are new to Bowling. Do sign up for this by indicating your interest **by Friday, 14 March 2025, 12.00pm** via this link: <https://forms.moe.edu.sg/forms/oabxKp>

Date/Day: 4 April 2025, Friday

Time: 2.30 - 4.30pm

Venue: Civil Service Club @ Bukit Batok, Westwood Bowl, Level 4

Address: 91 Bukit Batok West Ave 2, Singapore 659206

Transportation will not be provided and parents attending the event would have to pick their child/ward up from school after dismissal and meet the teachers and instructors at the venue.

Only successful sign-ups will be notified via email by Friday, 14 March 2025.

Your Partners in Education

Ms Farhani H-Shuy & Ms Victoria Chua

Teachers In-charge