



# RAFFLES GIRLS' PRIMARY SCHOOL

21 Hillcrest Road, Singapore 289072. Tel: 64684377 Fax: 6469 2024

Our Ref: RGPS/N24/P6/023

Date: 24 May 2024

Dear Parents/Guardian,

## P6 Term 2 PE, Art & Music updates

### Physical Education

We have come to the end of Term 2 and here are some updates on the lessons conducted in P6 PE. The students have been taught the following skills. They have also learnt some health-related topics based on the My Physical Education Journal.

#### Athletics

1. Running
  - Sustaining a pace over a long run.
  - Baton passing for Relay.
  - Running while jumping over obstacles.
2. Jumping
  - A 7 steps approach into a 1 foot take off jump for distance.
  - A 7 steps approach into a 1 foot take off jump for height.
3. Throwing
  - Throw a foam javelin using a short, fast approach run, demonstrating good throw form.
  - Project a rubberised shot demonstrating good push-throw form.
  - Throw a discus-like object using the sidearm pattern.

#### Introduction to Striking and Fielding Games

1. Fundamentals to batting(softball)
2. The concept of sending an object into space and defending space.
3. Small sided modified striking and fielding games

#### NAPFA

1. Understanding the requirements of each NAPFA item
2. Proper techniques to execute each NAPFA test item.
3. Strengthening exercises and activities/ games to improve their stamina and strength.

#### My Physical Education Journal

1. Health-related Fitness and Skill-related Fitness.
  - The various components of the different type of fitness.
  - How they perform in each of the Skill-related Fitness Component.
  - How to train for each component.

These lessons were the basis of their recent assessments. Through various activities, students also embraced values such as sportsmanship, teamwork, and responsibility in handling and maintaining equipment. We are pleased to report that the students performed well in their assessments, demonstrating a solid understanding of both physical and health concepts.

During the June break, we encourage all students to stay active and continue maintaining their health.

Best regards,  
Mr Yeo Eng Wee  
Primary 6 PE Level Representative

## **Art**

In this module, students have been delving deeply into the expression of emotions through art, starting with engaging discussions around Picasso's "Weeping Woman" to understand how emotions can be portrayed. They are introduced to collagraphy, a printmaking technique that incorporates textured materials, allowing them to experiment with found objects to symbolize various emotions. They thoughtfully selected textures and colors in their collagraph plates to evoke specific feelings, drawing direct inspiration from their study of Picasso's work.

Students also reflected on their creative processes and explaining the emotional narratives within their artwork, linking their techniques back to their initial analyses of "Weeping Woman." These sessions have not only highlighted their artistic growth but also their ability to articulate complex emotional concepts through their creations.

Last but not least, the Singapore Mobility Gallery (SMG) is organizing an art competition. The theme is "Transit Spaces, Our Vibrant Places!" If your child/ward is interested in taking part, she can refer to more information on the competition and submission details on their website: <http://www.go.gov.sg/artcompkit2024>

Best regards,  
Miss Haryana Dom  
Primary 6 Art Level Representative (Term 2)

## **Music**

In term 2, the primary 6 students continued with their song writing module. The primary 6 students learnt lyrical writing and were introduced to a variety of literary devices to help them come up with original lyrics for their song. In addition, students also learnt to use different chord progressions and were guided to compose their own melodies for their songs. To support the song writing process, each group is given an iPad, midi keyboard and microphones to record their songs during the music lessons. The module is still in progress and will continue in term 3.

RGPS Instrumental Recital is an annual performance for students to showcase their musical talents on an instrument. Over the years, we have had students performing on a variety of instruments, such as the piano, violin, cello and gu zheng. The application process would be conducted online and the performance will be held in Term 3, 10 July. All interested students are to submit recorded videos of themselves playing an instrument via email to [rgpsrecital@gmail.com](mailto:rgpsrecital@gmail.com). The deadline for the online submission is 10 June. Your child can log in to SLS for more information. 10 entries would be selected to perform in our Performing Arts Theatre in Term 3 on 10 July. P6 performers will have the option of performing live or having their video performances showcased so that the students can focus on their upcoming examinations. The live performance will be recorded and shared on SLS at a later date.

Best regards,  
Mrs Lee Beiyu  
Primary 6 Music Level Representative