

FOR P5 AND P6
PARENTS

GEAR UP FOR PSLE

USING TRIPLE P STRATEGIES

PSLE may bring about stress for both parents and children. It is crucial to maintain a positive relationship, mindset, and open communication during the PSLE preparation process. By integrating positive parenting principles and strategies during PSLE preparation, parents can assist their children academically and nurture their holistic growth and well-being.

REGISTER NOW

[GO.GOV.SG/LFS-
3PSEM-I2024](https://go.gov.sg/lfs-3psem-i2024)



<https://go.gov.sg/lfs-3psem-i2024>



For more information, contact Catherine Banton at catherine-banton@lakeside.org.sg

Brought to you by:



11 MAY 2024
(SAT) 9:00-
11:30AM

18 MAY 2024
(SAT) 9:00-
11:00AM

JOIN US AND BE EQUIPPED ON THE FOLLOWING:

Cultivating Effective
Communication

Setting Realistic Expectations

Creating a Balanced Routine

Building Resilience

Managing Stress

Celebrating Progress

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SPEAKER/TRAINER

Steven is trained as a Counsellor and a Family Life Educator. He holds a Master of Social Science in Counseling from University of South Australia, and a Graduate Certificate in Parent Education Leadership Training (PELT) from Swinburne University, Australia. He is a highly experienced and well sought-after speaker in schools and organizations. He connects well with parents with his sincere, interactive and engaging style, having conducted family life talks for over 23 years. He has lectured part-time for the Diploma in Counselling Skills for Edith Cowan University and also conducted Workforce Skills Qualification (WSQ) courses in Student Care.


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STEVEN TAN
COUNSELLOR, FAMILY LIFE
EDUCATOR, TRAINER



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