

RAFFLES GIRLS' PRIMARY SCHOOL

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Our Ref: RGPS/N24/P1/006

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Dear Parents/Guardians,

P1 Term 3 PE, Art & Music updates

Physical Education

We have come to the end of Term 3 and here are some updates on P1 PE. The students have been taught the following skills. They have also learnt some health-related topics based on My Physical Education Journal.

Games & Sports

- 1. Throw using the underhand movement pattern, a medium-sized ball towards a large target at a low and medium level.
- 2. Throw using the 2-handed underhand movement pattern, a medium-sized ball towards a large target 3-5 meters away.
- 3. Self-toss a ball using the 1- and 2-handed underarm movement pattern and catch with 1 and 2 hands at different levels.
- 4. Strike with 1 hand using the underhand movement pattern a large light weight ball upwards.

My PE Journal

This term, our students focused on the important topic of caring for their health and well-being. They gained a deeper understanding of how germs spread, and the critical role personal hygiene plays in keeping themselves and others safe. They also explored the concept of social responsibility, learning how their actions can help protect friends and family from illness. Additionally, students learned about the recommended daily limits for sugary drinks and snacks, and how to make healthier choices by reading Nutrition Information Panel (NIP) labels.

These lessons were central to their assessments, and through various activities, students also embraced values such as sportsmanship, teamwork, and responsibility in using and maintaining equipment. We are pleased to report that students generally performed well in their assessments, demonstrating a solid understanding of both physical and health-related concepts.

As we approach the September holiday, we strongly encourage students to stay active and continue practicing the valuable skills they have learned this term.

Best regards, Ms Teo Siew Huai Primary 1 PE Level Representative

<u>Art</u>

The art module in Term 3 helps the students to understand that art can be used to express emotions and experiences. They also learnt the concept of abstract art through the works of Wassily Kandinsky and Jackson Pollock.

The students listened to three different types of music and sketched what they "see" or feel in the music, using only shapes, lines, and colours. When Kandinsky's works were introduced after the sketching activity, the students connected with his creativity of expressing his feelings and music through colours and shapes. The students were fascinated by the dripping technique used by Jackson Pollock. In the Pollock-inspired activity, they drew portraits and enjoyed dripping the paints to create the hairstyle that amplified the emotions of the character that they have drawn.

The students were able to observe and identify the art elements in Kandinsky's Composition VIII and Pollock's Summertime No. 9A. They were eager to draw the portraits of the artists in their sketchbooks and engaged in the discussion about the similarities and differences between the two artists.

As we approached the end of Term 3, students were reminded to take good care of their sketchbooks as there were several incidences of students misplacing their sketchbooks. Parents/Guardians can also help to reiterate the importance of responsibility in the process of their learning journey.

Best regards, Ms Cheng Sok Mung Primary 1 Art Level Representative

Music

In term 3, the Primary 1 students learnt to identify and sing our National day songs like Not Alone and Shine Your Light with simple movements. They were introduced to simple body percussion like how they can clap, tap and stamp with their different body parts. With the basic knowledge of body percussion, students were able to improvise and come up with their own creative body percussion to accompany the song, Singapura. They were also able to compose 4 bars of rhythmic ostinati using note values like the minim, crotchet and quaver together with their group members. They then practised and rehearsed before presenting their composition with their choice instruments as a group for the class. We were glad to witness their enthusiasm and confidence when they showcased their work to their peers. We would also like to commend our young girls for taking good care of the instruments and returning them neatly after use.

Earlier in the term, we had our annual Instrumental Recital in PARTs. We would like to thank all students who have submitted their audition videos. For those whose videos were not selected, we look forward to your entries next year.

In week 8, our students were also treated to the live segment of the termly RGPS Got Talent performance in the hall. We would like to take this opportunity to thank all RGPS Got Talent enthusiasts for submitting their audition videos. Students can look forward to more upcoming RGPS Got Talent performances in Term 4.

Last but not least, we have revived our music jamming corner in the lower canteen recently. Do encourage your child/ward to make music with their peers. We have gone through, during music class, how to handle the instruments and we hope that, with proper care from the students, they will have a long lifespan.

We look forward to your continued support in other aesthetics-related events.

Best regards, Mrs Amy Ng Primary 1 Music Level Representative